

# Anacoco Lions Club Taitwisting 10K

Date: 4/4/2009

Time: 09:00 am

Pre-registration Preferred!

Proceeds will benefit the  
Louisiana Lions Camp for  
Crippled Children

Entry fees:

•\$20.00 for early registration  
(before 3/1/09)

•\$25.00 for late registration (on/  
after 3/1/09) or race-day  
registration

**Check In/Registration will be  
at the Orange Lodge Building  
on the West side of the RR  
tracks in Anacoco. Races will  
start & end near the lodge  
building.**



Taitwisting 10K  
2009

10K, 5K &  
1 Mile Fun  
Run/Walk

## Awards

First, second & third prize awards for  
overall finishers, and 1st place awards  
in age groups.

T-shirts provided to all participants  
(guaranteed sizes and/or race day  
availability to those registering early)

## Sponsored By:

**DiMaggio Family Eye Care, Inc.**



-comprehensive eye exams  
-contact lens specialists  
-diagnosis/treatment of eye diseases

Anthony C. DiMaggio, O.D.  
Leesville 238-9819

Heather A. DiMaggio, O.D.  
DeRidder 462-2015



Mail form and entry fee to:

Anacoco Lions Club 10K  
P.O. Box 607  
Anacoco, LA 71403-0607

Circle Race Entered:  
10K 5K 1 Mile Fun Run

Circle T-shirt size:  
S M L XL

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

Sex \_\_\_\_\_ Age on race day \_\_\_\_\_

Email Address \_\_\_\_\_

**Waiver: I acknowledge that running near automobiles & bicycles is extremely dangerous and that running in races is an extreme test of a persons physical and mental limits and there exists the potential for death or serious injury. I certify that I am physically fit, have sufficiently trained for this event and I have not been advised otherwise by a physician. I also certify that I will drink plenty of fluids before, during & after the event. I assume all risks of participation & assume full responsibility for injury, accident or illness which may occur during the event. I hereby release & hold harmless any/all sponsors, promoters & all persons and entities associated with the event from any and all injury or damage whether caused by negligence or otherwise. Further, I grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures recordings or any other record of this event.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_